What Is Claimed Is:

1. A file management method of managing file format data recorded on a recording medium, comprising the steps of:

5   having at least two different pieces of file management information;

treating second file management information as a file on first file management information;

previously recording a first anchor descriptor

10 indicative of a recording position of the first file management information; and

recording a second anchor descriptor indicative of a recording position of the second file management information after file update.

15   2. The file management method according to claim 1,

wherein there is provided file attribute information on the first file management information where the second file management information is recorded, and the attribute information is appended by an attribute signifying that the

20 file is file management information.

3. The file management method according to claim 1,

wherein a predetermined specific file name is attached to a file for the first file management information where the second file management information is recorded.

25   4. A file management method of managing file format

data recorded on a recording medium, comprising the steps of:

having at least two different pieces of file management information;

treating a plurality of files managed by second file
5 management information as one file on first file management information;

previously recording a first anchor descriptor indicative of a recording position of the first file management information; and

10 recording a second anchor descriptor indicative of a recording position of the second file management information after file update.

5. The file management method according to claim 4, wherein there is provided file attribute information
15 on the first file management information which handles the plurality of files managed by the second file management information, and the attribute information is appended by an attribute signifying that the files are file management information.

20 6. The file management information according to claim 4

wherein a predetermined specific file name is attached to a file on the first file management information which handles the plurality of files managed by the second file management
25 information.

7. A file management method of managing file format data recorded on a recording medium, comprising the steps of:

having at least two different pieces of file management information;

5   treating second file management information and a plurality of files managed by the second file management information as one file on first file management information;

previously recording a first anchor descriptor indicative of a recording position of the first file management

10   information; and

recording a second anchor descriptor indicative of a recording position of the second file management information after file update.

8. The file management method according to claim 7,

15   wherein there is provided file attribute information on the first file management information which records the second file management information and the plurality of files managed by the second file management information, and the attribute information is appended by an attribute signifying that the

20   files are file management information.

9. The file management method according to claim 7,

wherein a predetermined specific file name is attached to a file on the first file management information which records the second file management information and the plurality of

25   files managed by the second file management information.

10.   A recording apparatus to record file format data on a recording medium,

wherein file data is recorded in accordance with a file management system compliant with the file management method

5   according to claim 1.

11.   A reproducing apparatus to reproduce file format data from a recording medium,

wherein file data is reproduced from a recording medium compliant with the file management method according to

10   claim 1.

12.   A reproducing apparatus to reproduce file format data from a recording medium,

wherein, when file format data is reproduced from a recording medium compliant with the file management method

15   according to claim 1,

the apparatus uses second file management information to access files upon successful detection of a second anchor descriptor;

and wherein the apparatus uses first file management

20   information to access files upon unsuccessful detection of the second anchor descriptor.

13.   A recording medium,

wherein the recording medium records file management information compliant with the file management method according

25   to claim 1.